

Module 1A : Wisdom 1
 Awareness
 Balancing of awareness
 Integrity and Contemplation
 Emotional Grounding
 Adaptability

Module 2A : Wisdom 2
 Source of Power
 Life Purpose
 Positive Outlook
 Achievement Being
 Flow State

Module 3A : Compassion 1
 Deep Listening
 Suspending Techniques
 Observation
 Feeling and Thinking
 Empathy and Autopoiesis

Module 4A : Compassion 2
 Connect and Disconnect
 Circle of Trust
 Generative Dialogue
 Needs and Solutions
 Inviting and Requesting

Module 1B : Mindfulness 1
 Paradigm Shift
 Loving and Kindness
 Duality and Initiative
 Gratitude and Appreciation
 Beginner's Mind

Module 2B : Mindfulness 2
 Working Meditation
 Walking Meditation
 Sitting Meditation
 Movement Meditation
 Writing Meditation

Module 3B : Mindfulness 3
 Circle of Life
 Unblending parts of Self
 Presencing and Realization
 Leader as a Role Model
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Module 1C : Coaching 1
 Questioning and Inquiry
 Absorb and Rapport
 Purify our Mind and Goal
 Performance Coaching
 Coaching Practice

Module 1D : Facilitation 1
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 Facilitator's Mindset
 Facilitator's Role
 Organizational Culture
 Establishing Ground Rules
 Visual Facilitator

Module 2D : Facilitation 2
 Personalised Tools
 Co-operative Working
 Co-facilitator
 Meeting and Work Group
 Creating Learning Zone
 Dealing with Emotions

Module 2C : Coaching 2
 Creative Coaching
 Basic Counselling Skills
 Coaching Competencies
 Coaching Techniques
 Coaching Practice

Module 3D : Facilitative Leader 1
 FL vs Traditional Leaders
 FL vs Group Facilitator
 "Planting a Tree" Technique
 Unpacking Learning Process
 Facilitating Difficult Situations
 Facilitating Practice

Module 4D : Facilitative Leader 2
 Feedback Techniques
 Heart of Mandara
 Evaluation Techniques
 Tricks for Influencer
 Developmental Facilitation
 Community of Practice



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COURSE	DAYS	1A	2A	3A	4A	1B	2B	3B	1C	2C	1D	2D	3D	4D
Awareness Leadership	1	/												
Emotional Intelligence for Leader	2	/	/											
Empathic Communication for Leader	1			/										
Engagement Communication	2			/	/									
Leader as a Role Model	4	/	/	/	/									
Mindful Leadership	7	/	/	/	/	/	/	/						
Performance Coaching for Leader	2			/					/					
Creativity and Innovation Coaching for Leader	3			/					/	/				
Coaching and Facilitation Skills for Leader	5			/	/				/		/	/		
Facilitative Leader	1 - 14	/	/	/	/	/	/	/	/	/	/	/	/	/

บริการให้คำปรึกษา โปรแกรมฝึกอบรมสำหรับองค์กร

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